



**KRISHNA AYURVED MEDICAL COLLEGE, VADODARA**  
AND  
**MATRUSRI DAVALBA AYURVED HOSPITAL**

Managed by Shree Krishna Educational Charitable Trust, Vadodara  
BITS Edu Campus, Vadodara Mumbai NH#8, Varnama, Vadodara 391 240. Gujarat



## **Departmental Seminar Report**

- **Name of the college :** Krishna Ayurved Medical College, Vadodara
- **Department :** Rasa Shastra & Bhaishajya Kalpana
- **Number of attended :** 12
- **Date of Seminar :** 18/06/2021
- **Subject :** “Precautions while prescribing Rasaushadhis”

**Dr. Mayur Barve**

**HOD & Associate Professor**  
**Rasa Shastra & Bhaishajya Kalpana Department**

## **Acknowledgement**

### **Department of Rasa Shastra & Bhaishajya Kalpana**

In the series of various academic activities departmental seminar was presented by the Department of Rasa Shastra and Bhaishajya Kalpana, KAMC, Vadoadara, on 18<sup>th</sup> June, 2021. At 4 to 5pm. The presentation of topic entitled 'Precautions while prescribing Rasaushadhis', was done by Dr. Mayur Barve, HOD and Asso. Professor of the Dept. of RS & BK. All the faculties were actively present for the seminar.

The seminar was conducted in the seminar hall and it commenced sharp at 4pm. Dr. Shyama Maniyakutty, Associate Professor from the department welcomed everyone and gave a brief introduction about the subject. Miss. Hetashri Mehta assisted in handling the computer. The presentation was done through a power point presentation and was shared via the over head projector.

The lecture started with emphasizing the need of the topic and the current scenario which raised the concerns of toxicity and safety concerns because of the increased use of Rasaushadhis. Certain cases that were reported in the US and also the issues that popped up due to the article entitled 'Heavy metal content of ayurvedic herbal medicine products' published in the JAMA article in December, 2004 was discussed. After this, the concept of a heavy metal, its normal permissible limits in blood as per WHO, was also discussed. Many of the Ayurvedic physicians hesitate to prescribe certain Rasaushadhis because of the safety concerns of Bhasmas and other Rasaushadis, in order to bring clarity in this regard, textual references about the safe use of those medicines, how to examine them, curd test, references from the D& C act, 1945, reported ADR's and the methods that can be employed to avoid them were also put light upon. The methods to avoid ADR's were explained by putting

them in four quadrants viz. Dose specific, Formulation specific, Disease specific and Content specific. Later some commonly prescribed medicines were discussed and the possible lacunas and loop holes were explained. Certain drug interaction and special precautions that are to be taken while using some special medicines were also discussed. The last part of the lecture consisted of explanations of some self limitations that one needs to overcome for a confident and successful practice. The lecture concluded with thanks giving and certain inputs from respected principal sir.

Total 12 teachers were present for the seminar. There attendance sheet is attached in a separate sheet attached with the file.

## Summary:







***Thank You***